



Permission for Audio and/or Video Taping of Sessions

We understand that Karen Martin Fiedler, LMFT is obtaining a specialty in Emotionally Focused Couples Therapy (EFT). EFT was developed largely by Dr. Susan Johnson, founder of the Ottawa Couple and Family Institute (OCFI), Ottawa, Canada and has a good deal of research showing its effectiveness.

The goals of EFT are to:

- a) identify repeating negative interactional patterns and to identify and experience the emotional reactions that create and sustain these patterns,
- b) create new ways of understanding, reacting, and interacting
- c) foster a safe, secure bond between the partners.

We understand that Karen Martin Fiedler, LMFT wishes to videotape sessions with us in order to:

- a) have the tapes or DVDs for her own review
- b) bring or mail to a Consultant certified by OCFI who will provide feedback on her work with us
- c) bring to a consultation group, where portions might be played for feedback from other therapists working to specialize in EFT.

We understand that the Consultant will return any tape or DVD to our therapist, so that she will be the only one to retain the tape or DVDs. We understand that Consultant and therapists in consultation groups are only responsible for providing feedback to Karen Martin Fiedler, and that she is responsible for decisions about whether or not to use advice given.

We understand it is highly unusual that anyone in a consultation group class or seminar would recognize couples who appear in taped sessions, but that Karen Martin Fiedler will protect our privacy by asking attendees to say so immediately if they know me/us socially, and that either that person will leave the room while our tapes or DVDs are shown, or Karen Martin Fiedler will substitute material from a different couple. I understand that the attendees will be told that anyone who may know us socially will not seek or be given any further information about us. We understand that the Consultant and any professional therapist who views excerpts from our sessions is bound by the same or similar code of ethics regarding confidentiality that Karen Martin Fiedler adheres to.

We give permission to Karen Martin Fiedler, LMFT to videotape sessions with me/us for the following purposes:

- a) For her own review of our sessions
- b) To bring or mail to a Consultant/supervisor so she can obtain consultation from an expert in EFT
- c) To bring to a consultation group for feedback from other therapists working on a specialization in FT.
- d) To use written excerpts or summaries in classes or seminars in which she will disguise our identities.
- e) To play in seminars or classes, and Karen Martin Fiedler will ask anyone who knows me/us socially to say so immediately, and either that person will leave the room while our session excerpts are shown, or Karen Martin Fiedler will substitute material from a different couple.

A - Print name: _____

Sign name: _____ Date: _____

B - Print name: _____

Sign name: _____ Date: _____